

## Health Screening Quick Guide

**Requirement:** Complete a health screening with a blood draw, by December 1 to avoid the No-to-Wellness surcharge for the next calendar year.

**How to complete:** There are 3 ways to complete this activity.

- **Option 1:** Sign up onsite for a free blood draw event at your work location. Contact your Human Resources representative for additional information.
- **Option 2:** Schedule a free appointment online with a local LabCorp Patient Service Center.
- **Option 3:** Download your personalized LabCorp Physician Form and complete a blood draw through your primary care provider. (Note: standard appointment charges may apply)

**How to obtain your personalized Health Screening form for Options 2 or 3 above:**

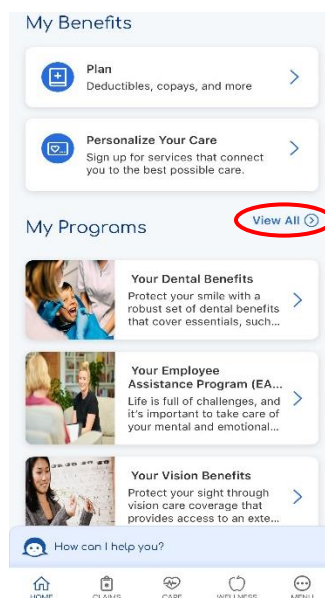
**Step 1:** Log into the Anthem Sydney Health app or [www.anthem.com](http://www.anthem.com).

- First time logging in?
  - Download the free Sydney Health app and select “Register new account” or go to [anthem.com/register](http://anthem.com/register).
  - Enter your medical ID number from your insurance card, full name, and date of birth.
  - Follow the prompts to complete your registration.

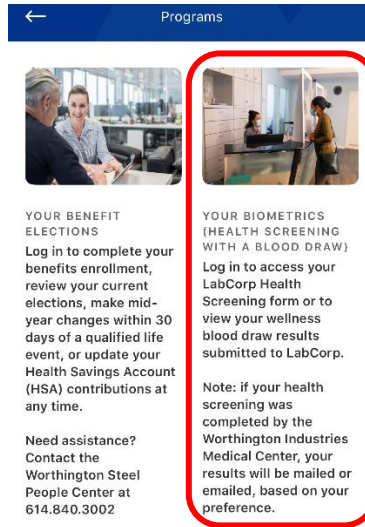
Note: Spouses participating in the Accelerate wellness program will need to register for their own Anthem account.

For login assistance contact your Anthem Family Advocate at 833-824-1434.

**Step 2:** Scroll down to the “My Programs” section and select “View All”.



**Step 3:** Locate the “Your Biometrics (Health Screening with a Blood Draw)” tile. Click anywhere on this tile and select “Continue to Website”.



**Step 4:** This link should automatically re-route you to LabCorp’s website. No login required.

Note: If the single sign-on link is experiencing issues, you will be routed to the LabCorp login page.

*If logging in for the first time as a Worthington Steel employee: enter your personal information under ‘New Users’.*

- *Employees: Enter your employee ID (example: 123456)*
- *Spouses: Enter S followed by your spouse’s employee ID (example: S123456)*

*If you’ve already created a Worthington Steel LabCorp account: enter your email address and password under ‘Existing Users’.*

**Step 5:** Select 'Download Form' or 'Schedule Appointment' under the option that aligns with your blood draw plans.

Welcome!

The services below are available to you on behalf of your employer.

ONSITE SCREENING	PHYSICIAN FORM	LABCORP VOUCHER
It's fast and convenient. Schedule your free appointment today! See your HR Partner for more information.	Already visiting your physician? Be sure to take this form with you. Note: charges may apply.	Schedule an appointment to visit a local LabCorp Patient Service Center at your convenience, at no cost to you.
<b>CONTINUE</b>	<b>DOWNLOAD FORM</b>	<b>SCHEDULE APPOINTMENT</b>
VALID THROUGH 12/1/2025	VALID THROUGH 12/1/2025	VALID THROUGH 12/1/2025

**Step 6:** Review the Authorizations. Check the box that applies and click 'Next'.

**Step 7:** Review and update your personal information as needed. Then click 'Next'.

**Step 8:** Your personalized Health Screening form will automatically download.

Review the instructions on the form and bring a copy to be completed by LabCorp or your personal physician. For best results, fast for 8 hours and drink 12+ ounces of water 30 minutes prior to your appointment.

**Please remind the provider to fax your results to the number on the form no later than December 1.** Please be aware that it can take up to 15 days for results to be uploaded to your LabCorp account. We recommend submission by November 15, when possible, to allow time for processing.

**Need Help?** Contact LabCorp's Customer Care Team at 844.251.6524 or [support@lescustomercare.zendesk.com](mailto:support@lescustomercare.zendesk.com)

**Reminder!** Review your health screening results and discuss next steps with your healthcare provider. **How to view your results:** Follow steps 1 through 4 above to return to your LabCorp account about 2 weeks following your appointment. Scroll down to the "Your Latest Results" section on the home page or select the "Results" tab in the top right corner. Once results are available, you will find them here:

Your Latest Results

Record Date	Type	Date of Service	Event Location
There are no records.			

**Note:** If your health screening was completed by the Worthington Industries Medical Center, your results will not be visible at anthem.com or in the Sydney Health app. They will be mailed or emailed to you based on your preference.