



Health Screening Quick Guide

Requirement: Complete a health screening with a blood draw, by <u>December 1</u> to avoid the No-to-Wellness surcharge for the next calendar year.

How to complete: There are 3 ways to complete this activity.

- **Option 1:** Sign up onsite for a free blood draw event at your work location. Contact your Human Resources representative for additional information.
- **Option 2:** Schedule a free appointment online with a local LabCorp Patient Service Center.
- Option 3: Download your personalized LabCorp Physician Form and complete a blood draw through your primary care provider. (Note: standard appointment charges may apply)

How to obtain your personalized Health Screening form for Options 2 or 3 above:

Step 1: Log into the Anthem Sydney Health app or <u>www.anthem.com</u>.

- First time logging in?
 - Download the free Sydney Health app and select "Register new account" or go to anthem.com/register.
 - Enter your medical ID number from your insurance card, full name, and date of birth.
 - Follow the prompts to complete your registration.

Note: Spouses participating in the Accelerate wellness program will need to register for their own Anthem account.

For login assistance contact your Anthem Family Advocate at 833-824-1434.

Step 2: Scroll down to the "My Programs" section and select "View All".







Step 3: Locate the "Your Biometrics (Health Screening with a Blood Draw)" tile. Click anywhere on this tile and select "Continue to Website".



Step 4: This link should automatically re-route you to LabCorp's website. No login required.

New Users	Existing Users
Verify your identity	Email Address
First Name	
Last Name	Password
	Forgot your password?
Date of Birth	Sign In
mm/dd/yyyy	
Employees: Enter your employee ID + your date of birth. Spouses: Enter your spouse's employee ID + your date of birth. (ex. EEID 1234 + DOB May 15, 1975 = 123405151975). For login assistance, contact LabCorp's	Help us keep your data safe. Logout after every session.
Customer Care Team at 844-251-6524.	↑
Continue	
logging in for the first time as a Worthington Steel employed	ə,
enter your personal information under 'New Users'.	
Employees: Enter your employee ID + date of birth here.	If you've already created a
 Example: if your employee ID is 1234 and you were born 	Worthington Steel LabCorp
May 15, 1975, you will enter 123405151975	account, enter your email
<u>Spouses</u> : Enter your spouse 's employee ID + your date of birth h	vere 'Existing Users'
born June 2, 1978, you will enter 123406021978	
r login assistance, contact LabCorn's Customer Care Team	at L





Step 5: Select 'Download Form' or 'Schedule Appointment' under the option that aligns with your blood draw plans.

Welcome!

The services below are available to you on behalf of your employer.



Step 6: Review the Authorizations. Check the box that applies and click 'Next'.

Step 7: Review and update your personal information as needed. Then click 'Next'.

Step 8: Your personalized Health Screening form will automatically download.

Review the instructions on the form and bring a copy to be completed by LabCorp or your personal physician. For best results, fast for 8 hours and drink 12+ ounces of water 30 minutes prior to your appointment.

Please remind the provider to fax your results to the number on the form no later than **December 1.** Please be aware that it can take up to 15 days for results to be uploaded to your LabCorp account. We recommend submission by November 15, when possible, to allow time for processing.

Need Help? Contact LabCorp's Customer Care Team at 844.251.6524 or support@lescustomercare.zendesk.com

Reminder! Review your health screening results and discuss next steps with your healthcare provider. **How to view your results:** Follow steps 1 through 4 above to return to your LabCorp account about 2 weeks following your appointment. Scroll down to the "Your Latest Results" section on the home page or select the "Results" tab in the top right corner. Once results are available, you will find them here:

Your Latest Results			
Record Datel	Туре	Date of Service	Event Location
There are no records.			

Note: If your health screening was completed by the Worthington Industries Medical Center, your results will <u>not</u> be visible at anthem.com or in the Sydney Health app. They will be mailed or emailed to you based on your preference.